

Small Group Guide

Know Fear: Fear of Loneliness

Know Others Read Hebrews 10:24-25. Discuss how much or how little your life reflects this instruction.

Know Risk Read Acts 4:32. Give examples of living out “one heart and soul” with other followers of Christ today.

Know What God Says

Read Isaiah 59:1-2. How much sin do you think it takes to separate someone from God?

When God saw our loneliness, this gap caused by our sinfulness, He sent Christ to live a perfect life and to die on the cross for our sins, and then to rise again. When on the cross, Jesus said, “My God, My God, why have You forsaken Me?” (Matthew 27:46) Why have You, God, turned Your back on Me? Why this loneliness, God?

God the Father had to separate Himself from His Son. As He paid for our sins, Jesus felt this spiritual level of loneliness to a point that we cannot even express in words. He did not want anyone to go through life and eternity missing true community with God. He paved the way for us to have a personal relationship with God the Father.

In your own words, sum up the message of Christianity. Discuss and refine this definition with your group.